Today's Take-Aways

COVID-19 - Regional Updates

- With the current easing of COVID-19 restrictions, there are a fair number of changes coming to existing policies and procedures. A new Renfrew County document has now been approved in partnership with the Renfrew County and District Health Unit that will help guide COVID safety measures based on a four-step matrix in the form of green, yellow, orange and red risk categories. We will receive weekly updates on Renfrew County's status which will assist in guiding our own policies and procedures. However, with an upwards trend in community transmissions, we will need to stay vigilant and adjust our measures as required.
 - Hospitals in the region are busy, but manageable.
- With some evidence of increased community-based transmission of COVID-19, the Renfrew County and District Health Unit is encouraging individuals to mask when gathering in large crowds and at public events.

COVID-19 Vaccine

• Effective today, the fourth dose (second booster) of the COVID-19 vaccine is now widely available for Ontario residents ages 18+. Vaccination clinics are currently being managed by the Renfrew County and District Health Unit with no need for our assistance at this time.

Infection Prevention and Control

- Effective this week:
- Our waiting room capacity limits have been lifted.
- Mask dispensers and signage have been installed at all public entrances to assist with passive screening.
 - The Lunch Box is now open to patients and visitors.

Please note that the COVID situation will be assessed weekly and measures will be revised on an as needed basis.

Occupational Health and Safety

• As COVID evolves and we learn more about it, organizations have to adapt so they can continue to work and provide services, while still maintaining safety for staff, patients and visitors. To do this, we need to bring staff back as soon as possible. The hospitals in Renfrew County came together and, using provincial guidance and best practices, have developed a new Management of Staffing plan based on the Ottawa Hospital's model. With the approval of Dr. Robert Cushman, this plan was implemented today.

For high risk exposures, there are no changes. Asymptomatic staff will be brought back immediately, while symptomatic (but negative) staff will be brought back as soon as symptoms improve and they are able to work.

Today's Take-Aways Continued

COVID positive staff will experience the biggest change in that, in consultation with Occ Health, they may be able to return to work as early as day six based on specific guidelines.

In all cases, staff need to discuss their situation with and, and maintain contact with Occ Health.

Departmental Updates

Emergency Department / Intensive Care Unit

• The ICU has received a number of high acuity patients in the last few days while the ED remains busy. The ED team is also excited to welcome some of our local paramedics who will be providing assistance within their scope of practice as part of our existing team model as part of a new partnership with Renfrew County EMS.

Food Services

• The team will be providing a bit of festive fun Monday, July 25th as they celebrate "Christmas in July" with a roast turkey Christmas-themed meal available for purchase in The Lunch Box between 11 a.m. and 1:30 p.m. while supplies last. The meal will consist of roast turkey, mashed potatoes, veggies, gravy, cranberry sauce, stuffing and a gingerbread cookie. More details to come!

Human Resources

• Following a two-year pause of our hospital-based volunteer program due to the pandemic, the department is in the process of bringing volunteers back into the facility as part of our health care team.

We are also using this time to review the historic roles of our volunteers and to survey departments on how volunteers may be able to assist in other ways. We look forward to having volunteers return to roles like way-finding at our entrances and the provision of other services that assist our patients and staff.

Medical

• Due to a low number of hospitalized COVID patients, our designated COVID unit on 2nd floor has once again been decommissioned and COVID-positive patients are being isolated in appropriate settings throughout the hospital.

Mental Health Services of Renfrew County

• Community Mental Health is excited to be in the process of onboarding new staff which will increase the team to a nearly full complement.

Rehabilitation

- The team is making plans to resume meals in the dining room for our inpatients as well as inpatient exercise classes.
- The Geriatric Day Hospital team is in the process of moving to renovated space in Tower C this week. More to come as we celebrate their new location!

Surgical

• The department has just completed its first scheduled slowdown of the summer.







What's New

Lab order entry is Live in all clinical areas

Combined Therapy column in Bedboard

Opiod Assessment form being trialed in Zone B

Did you know?

E-learning is available, log in, and go to 'H'

HIS - Allergies and Medical Alerts (Clinical Staff

HIS - Allergies and Medical Alerts (Pharmacy)

HIS - Bed Management Introduction

HIS - Order Entry

Fun Fact: For one day in 1940, a section of a hospital in Ottawa became international territory so that a Dutch Princess could be born a full Dutch citizen (a requirement to be a Dutch Princess). Every year the Netherlands sends Canada a gift of tulips to show their gratitude

What's Next

Allergy and Medical Alert GO LIVE is July 18th Electronic smoking cessation form with HL7 connection to OHI

Electronic Vitals and Progress notes
Inpatient ID Bands by registration type

Blue = Acute; Pink = Rehab; Green = AMH



Ramping back up!

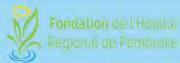
After COVID taking us on a different path, we are gearing back up to make some magic happen with Electronic documentation;

- Smoking Cessation Form: For Outpatients who wish to participate in Smoking Cessation, the staff will have the ability to send directly to OHI. For Inpatients, upon discharge, the form once completed will be sent automatically as well. Training will begin soon!
- Electronic vitals and progress notes Hill Rom machines will upload patient vitals directly from point of care to the electronic record
- Inpatient ID Bands by registration type: Blue = Acute; Pink = Rehab, Green = AMH Each registration type will have it's own unique identifier

With the help of our newest team member, Charles Hurley, we will be working hard on getting documentation and learning materials needed to ensure efficient and effective go-lives for various models.

We continue to look for clinical champions please contact CAPE Project Office in D202.2 extension 8302

Foundation News Pembroke Regional Hospital Foundation



Our Guardian Angels



"David and I appreciated your caring and compassionate care you showed to David while in your care. Enjoyed our little chats as well. We can tell you love your job! Thank you to Cheryl Kenny"



"Dr. Sarah Leavey delivered both of our children: our daughter in July 2020, followed by our son in May 2022. We are incredibly grateful to Sarah for ensuring that Mum and kiddos were kept safe and cared for throughout both births. She's been a guardian angel for our little family of four. Thank you."



"Thank you to Darlene Keuhl for helping my mom with getting her breakfast set up. Mom is blind. Thank you again. Your help means a lot to mom.



"From the bottom of my heart, literally, I want to thank Sarah Williams. On the 16th of February 2022 I was visiting my sister in Pembroke and after skating on the Laurentian Valley Trail I suffered a heart attack. I presented myself at your ER and was very quickly triaged and treated. The treatment I received that day at PRH saved my life and prevented serious damage to my heart. My cardiologist has informed me that I am indeed very fortunate to have received the treatment given at PRH. I can't thank your team of caregivers enough.



Returning October 15th, 2022

Tickets on sale now

www.prhfoundation.com/blackandwhite-gala/



Week #12 **Estimated Jackpot** \$28,000.00! We have raised over \$35,000 for the hospital!

Congrats to our past winners!





LEAN <u>//</u>

As part of our ongoing Lean Revitalization led by KPMG, team members from various departments gathered to participate in a Rapid Improvement Event (RIE) June 21st and 22nd.

A Rapid Improvement Event (RIE) is a technique used to analyze and improve a targeted issue or process. RIEs bring together a small team who devote 100% of their time over 1-5 days to understanding root causes and develop countermeasures towards continuous improvement of an identified opportunity.

However, the work doesn't stop there. The team then meets weekly to report back on countermeasure progress and identify barriers to improvement. The approach used during this event will be applied to future improvement opportunities throughout Pembroke Regional Hospital.

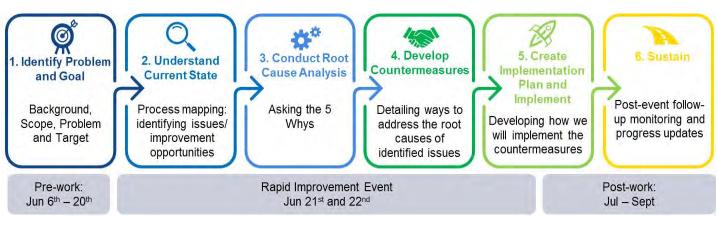
For this RIE, we chose to focus on one of our biggest issues, the current staffing process for filling vacant RN and RPN shifts. In collaboration with front line nurses, staffing office team members, and the management team, nine countermeasures or ways to improve the situation were identified.

Over the next three months, the RIE team will follow the plan created during the event to implement the proposed countermeasures and will meet weekly to provide updates on the progress being made and identify any barriers to progress.

The RIE team will provide updates in upcoming issues of The Pulse.

Kudos to the RIE team members:

Cheryl Couturier (Staffing Clerk), Jeris Johnston (ED/ICU Charge Nurse),
Tanya Parker (Manager Staffing/Scheduling), Annette Davidson (Clinical Manager Patient Flow),
Sarah Selle (Manager Lean Process Improvement), Boston Lavoie (Staffing Clerk),
Tyson Purcell (Hospital Charge Nurse), Marc Rheaume (OR/Surgical Charge Nurse),
Sonya Silver (Clinical Manager Rehabilitation).









Emergency Preparedness

Did you know that our Emergency Preparedness Committee continues to review and test our Codes each month? Since some of our exercises have been scaled down due to some of the other challenges we are facing as an organization, it was agreed that the knowledge gained from each exercise and other educational aspects should be regularly shared in the The Pulse under the Emergency Preparedness banner.

On June 28th, we hosted a table top Code Red exercise with the Management Team in order to review the roles and responsibilities set out through the Incident Management Structure (IMS).

As part of the exercise, participants:

- Discussed the decisions/triggers that would activate Command Centre.
- Reviewed the available resources in Command Centre.
- Used Job Action sheets to guide discussion about the responsibilities for each role within the IMS.

Exercise Outcome:

- There were 15 participants including Vice-Presidents, Directors and Managers.
- Participants with experience as Incident Manager provided examples based on real incidents.
- Active participation lead to good discussion regarding role clarification and planning.
- It was noted that on-call administrators would benefit from event participation to gain IMS experience. Stay tuned for more Code exercise reviews and other important information in upcoming editions!



PRH Staff Association Treat Day

Featuring A Package Of Two Medium Pepperettes from Uncle Jim's Meat Market

Distribution Details:



Wednesday, July 27, 11:30 a.m. - 1 p.m.

Room A128 (Next to PRH Foundation)

1st Floor, Tower A

EVERYONE (groups/individuals) MUST pre-order.

Please email pre-orders to carolyn.levesque@prh.email

by 4 p.m. Tuesday, July 19th.

PLEASE NOTE:

- 1. Pre-orders must be picked up between 11:30 a.m. and 1 p.m. July 27th.
- 2. Groups are responsible for ensuring all staff on their lists:
 - are active Staff Association members & are IN THEIR DEPARTMENT
 - wish to receive this month's treat
 - receive their items after pickup







Week #12 Estimated Jackpot
If the Ace of Spades is caught is over: \$28,000

WWW.PRHcatchtheace.ca

Ticket #K-2267216

Card#49 - 10 of Hearts



EMPLOYEEDISCOUNTS

Looking for hotel and attraction discounts for your summer vacation plans?

Looking to see if we have any discounts for phone plans?

Need a cheaper rate for Park 'N Fly?

Looking for group insurance rates?

Want to learn more about the PRH Staff Association?

Trying to find discounts for Canada's Wonderland (Perkopolis), Calypso or Logos Land?

Visit Staff Discounts on the PRH website!

https://www.pemreghos.org/staffdiscounts

CONSTRUCTION CORNER

Tower A

- Work on the 5th floor *Cancer Care Project* for Pharmacy is ongoing. The drywall finish work in both sterile rooms and corridor was completed and the rooms were painted with epoxy paint. There has been a lot of work in testing and working out issues with the roof top units. The heat exchanger is up and running. The bio safety cabinets (hoods) were delivered and installed. The corridor ceiling was reinstated with a new grid, tiles and LED lighting.
- The 3rd floor Surgical Day Care Project work started on the first phase. Asbestos abatement will be started the week of July 18th in the new chapel area which was previously the CEO's office.
- Renovation work started on the 4th floor LDRP unit with the repairs of the terrazzo floor in the Nursing Station and with electrical upgrades.
- New floor covering with be installed starting on July 18th in the office of the PRH Foundation Executive Director.
- In the new Physician Lounge, new electrical and data wiring, ceiling grid and tiles were installed. Work began on the sprinkler and fire alarm system upgrade.
 - The floor was opened in A181 and in the women's washroom to repair broken cast iron drains.
- A burnt motor was replaced in Air Handler Unit # 4 following a power outage. This supplies the ventilation and cooling to ICU.

Tower B

- In patient room B376, the outside window wall was opened up for more investigation work to determine the source of water infiltration.
 - Needed repair work has been done on the chillers for the main building and for the MRI space.
 - Safety railings, ladders and cross overs were installed on the various roofs.

Tower C

- On the Ground floor, the renovation work for the Geriatric Day Hospital was completed and the move is underway.
- Replacement work started on the roofs on both sides of the C142 Boardroom and is about 25% completed.

Tower D

- Restoration work started on the roof and is about 50% completed.
- A burnt out cooling compressor for the OR was replaced following a power outage.

Other activity

- Two concrete pillars were poured on the lawn at the corner of MacKay and Bell Street for a new electronic hospital sign.
- Work also started on rewiring the Deacon Street parking gates back to Tower C instead of to the house at 192 Deacon Street which belongs to the Hospital.



GRATITUDE

To include a special message in this section, email celebration&recognition@prh.email.

- A big Thank You to the **Housekeeping team** for the excellent work they do to keep our Dialysis Clinic sparkling clean. We had a meeting recently with the RVH team and they wanted us to know how much they appreciate the hard work that the Housekeeping team does for the nurses and the patients who use this clinic. *Lisa Bradley and Cheryl Summers*
- I would like to celebrate the Clinical Resource nurses (Shelley, Brandon, Ashley), Cheryl in the staffing office, Annette Davidson and our clinical managers, IT, Plant Services and everyone who supported our team this past weekend to navigate through our Rogers outage, unexpected power outage and staffing challenges. I am fortunate to work with such a dedicated group of individuals. Lisa Bradley
- Corrine Clarke recently celebrated the **staff of LDRP** for working so well together on a busy evening. In particular she highlighted **Rachel and Sue** who managed both labour and post-partum patients.
- Celebrating **Tina Davidson (Pharmacy)**, for getting the drug formulary up and running. What a great accomplishment. *Grace Weisenberg and Sabine Mersmann*.
- Celebrating **Mark Dumouchel** for all of his efforts and thoughtfulness on the Pharmacy construction project. *Grace Weisenberg and Sabine Mersmann.*
- "I was the Administrator on Call over the Canada Day long weekend. Going into the weekend, our staffing challenges throughout the building were concerning. I would like to recognize **Connie Chippure** and **Corrine Clark** for their leadership in providing support to each unit to ensure that patient care was not compromised. I would also like to recognize all staff working during the long weekend, especially those staff who without hesitation supported other units throughout the hospital." Laurie Menard
- A special Thank You to **Helen Mcleod**, **Pembroke SHARE coordinator and the SHARE program** for creating such a beautiful Memory Garden. The SHARE memory garden was created three years ago. The garden is a place where clients and staff can honour and celebrate their lost loved ones.

You can visit the garden at 196 Albert St. This year's yellow and green is for SHARE's colours and red and white are for Canada.

• "I would like to mention **Shelly Zadow** (screener) for the manner that she handled a difficult family member on June 30th at the Tower D entrance. She displayed a professional approach to the situation while following all the policies and procedures in place for ensuring



a safe environment for those in the community we care for in the Ambulatory Clinics. Thank you Shelly." *Greg Tate*



• Please recognize the excellent care provided to a patient by **Dr. Sirzyk**. He went above and beyond medical care and assisted with discharge planning by completing extensive paper work.

He was also named a "Guardian Angel" through the Foundation. *Michael Peters*

• Tim Hortons' Home Depot location expressed their thanks to **Beth Brownlee and Sabine Mersmann** who volunteered their time for a lunch-time "shift" as part of yesterday's *Camp Day* fundraising activities.



Your donation matters

It matters to every patient across Canada. Because it's something we can do today to help others wake up healthier tomorrow.

Upcoming blood donation events

Germania Club Pembroke 15 Bennett St. Pembroke

Thursday, August 11 2:00 pm to 7:00 pm



Join Canada's Lifeline
Book now at blood.ca or call 1888 2 DONATE

K620



Sunday, August 28, 2022

A timed self-supported road ride celebrating cycling in the Ottawa Valley

FOUR ROUTES

100 k Monarch of the Mountains 65 k Bonnechere Beauty 50 k Gravel Grinder 20 k Cave Coaster Family Ride

OR: Create your own virtual tour and ride it anywhere

LOCATION

All routes depart from Legion Field, Eganville

REGISTRATION

online at tourdebonnechere.blogspot.com

Money raised will support initiatives driven by the Renfrew County Mental Health and Addiction Planning Table, the Eganville Food Bank as well as the vital work of other partner community agencies.













Ottawa Valley

Fourism Association

ecial Event Award



SUMMER 2022 SALES

40 % OFF REGULAR PRICES

JULY 4TH TO JULY 17TH

SUNGLASSES, SCARVES, HATS, BELTS

JULY 18TH TO JULY 31ST

PURSES, JEWELLERY, WATCHES, GIFTWARE

AUGUST 2ND TO AUGUST 14TH

BABY, SLEEPWEAR, SUMMER CLOTHING

AUGUST 15TH TO 26TH

BOOTS, SHOES, SLIPPERS, FALL CLOTHING & DECOR

50% OFF ALL REGULAR PRICED

MERCHANDISE AUG. 27TH TO SEPT. 2ND

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